

Care Plan Documentation

Care Plan Definitions

1. Problem:

- Main focus of care for the shift
- Not all problems are necessarily the focus of care for each shift.
- Just because a patient has a co-morbidity, does not mean it is necessarily a problem during the patient shift or stay

2. Interventions:

- Actions taken during the shift to maximize the prospects of achieving the goals for the patient

3. Goal Progress:

- Met
 - The patient achieved the stated goal during the care providers time with the patient (shift)
 - The problem can still be the focus of care for subsequent care providers even if the goal was met
- Ongoing
 - The patient did not achieve the stated goal during the care providers time with the patient (shift)
 - Best Practice is to review Care Plan documentation **BEFORE** caring for the patient by using the latrics Care Plan Visual Flowsheet and the EMR.

4. Patient Desired Outcomes

- The defined patient outcome to be achieved during the hospital stay, by discharge, or by the end of a phase of care.
 - Examples:
 - "I want to pass gas today"
 - Patient is sedated, unable to indicate desired outcome.

5. Response to Care

- Summary statement providing an overall picture of the patient.
- Can include progress towards patient's own goal
 - Examples:
 - Responsive to lighter touch, with increased heart rate with family in the room
 - Able to ambulate without oxygen for further distances than yesterday. Family involved in care.