

Documentation

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INITIAL RESTRAINT ORDER

1. Patient meets criteria for Non-Violent or Violent restraints.
2. MD enters the **Restraint Justification** order in POM that is specific to age.

Order	Category
* Restraint Justf Non Violent	Patient Care
* Restraint Justf NonVio 0-17Y	Patient Care
* Restraint Justf Violnt 0-8Y	Patient Care
* Restraint Justf Violnt 9-17Y	Patient Care
* Restraint Justif Violnt 18+Y	Patient Care

3. **Result:** Order will add a ***Restraint Justification** intervention to the nurses worklist. Documentation frequency is based on the type of restraint and patient age. It will turn pink as a reminder for restraint renewal.

Intervention	Text/Ord	Status	Src	Frequency
* Restraint Justif Violnt 18+Y	☺	A	OE	Q4HR

4. Nurse acknowledges the order from the Status Board.
5. Nurse activates the Restraint Care Plan Problem (refer to the Job Aid Activating the Restraints Problem for steps.)

RENEWING THE ORDER FOR RESTRAINTS

1. Based on frequency, the RN documents on the **Restraints Justification** order whether the **Patient Meets Criteria For Reorder**. If restraints are justified, POM launches.

Intervention	Text/Ord	Status	Src	Frequency
* Restraint Justif Violnt 18+Y	☺	A	OE	Q4HR

2. Enter the renewal order. (Order Source = Telephone, Verbal or Written as the provider must be contacted.)
3. RN completes the older **Restraint Justification** intervention leaving only the new one on the worklist. (Tip: *Older intervention*-minutes appear in the History cell.)

Intervention	Text/Ord	Status	Src	Frequency	History
* Restraint Justif Violnt 18+Y	☺	A	OE	Q4HR	
* Restraint Justif Violnt 18+Y	☺	Complete			11 mins

4. When the restraints are no longer justified, the RN will obtain a **DC Restraints** order, complete the Care Plan intervention and the last Restraint Justification intervention on the worklist.

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ACTIVATING THE RESTRAINTS CARE PLAN PROBLEM

CRITICAL POINTS:

- Care plan and restraint monitoring documentation are completed on the same assessment screen.
- Care Plan documentation is only required when **initiating or renewing** the restraints. (Q24hrs)
- Care plan documentation is not required when completing the every **2 hour monitoring documentation**.

Activating the intervention using the following method will associate it correctly to other care plan documentation in the patient's EMR.

1. Click **Select Status** in the footer bar.
2. Click **Inactive** in the Select Statuses box that displays.
 - This will place a checkmark next to Inactive
3. Click **OK**
4. Locate the inactive Restraints problems on the Intervention Worklist. Click the **I** in the Status column for the restraint problem you want to add, non-violent or violent.
5. In the New status box that displays, click **Active**.
6. Click **Save**; you will now see the Restraint problem you selected is now active.
 - Don't worry about all of the other inactive interventions. They will drop off of the intervention list the next time you return to it.

If and when the restraints problem is no longer needed, change the status to complete.